

Provide a healthier environment by adopting a tobacco-free campus policy.

As leaders in higher learning, there is a commitment to provide a healthy and safe environment. Tobacco-free campus policies are examples of this commitment as they benefit students, faculty, staff, visitors and the entire community.

- Tobacco use is the leading cause of preventable disease and death in the United States.
- A tobacco-free policy does not require anyone to quit using tobacco, but does prohibit use while on campus grounds. In fact, about 75% students and 80% of faculty/staff do not smoke, therefore it would require no alteration in habits for the vast majority of people on campus.
- Students are accustomed to tobacco-free environments in Maine. Smoking is prohibited in all indoor, and many outdoor, public places under State law. Furthermore, 88% of 18-24 year olds believe people should be protected from secondhand smoke.
- Over 500 college campuses across the country have implemented tobacco-free policies and many others are considering policies.
- High compliance rates by students, faculty, staff and visitors are achieved when various means of notification and support are employed.

There is no safe level of exposure to secondhand smoke. Even brief exposure to secondhand smoke causes damage that can lead to serious disease and even death.



Schools Leading the Way to Healthier Communities

For more information, visit the Maine Tobacco-Free College Network at www.MainetobaccoFreeCollegeNetwork.org

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or call (207) 874-8774.